## LIFE SITUATION SURVEY

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**INSTRUCTIONS**: A number of statements which concern different aspects of your <u>present</u> life situation are listed below. Read each statement and indicate the extent to which you agree or disagree with it by checking [✔] the appropriate box in the right margin. You will note that there are six possible ratings: agree very strongly, agree strongly, agree, disagree, disagree strongly, and disagree very strongly. Do not spend too much time on each item, but try to reflect your true feelings. If you have difficulty reading the statements or marking your answers, you may have someone help you; however, only honest answers will provide useful information.

1.	I feel safe and secure.			
2.	My health is good			
3.	I have too few friends who I can count on			
4.	I like myself the way I am			
5.	I am better off than most people in this country.			
6.	I feel constantly under pressure.			
7.	I don't eat very well.			
8.	My future is hopeless.			
9.	I am a happy person			
10.	There are always people willing to help me when I really need it.			
11.	My income is a constant source of worry.			
12.	My sleep is restful and refreshing.			
13.	I don't get the love and affection I need.			
14.	I don't have any fun or relaxation.			
15.	Services provided by the government and other public agencies meet my needs.			
16.	I am able to go when and where I need to go.			
17.	I am satisfied with my main life role now. (for example, as a worker, student, homemaker, retiree, or patient)			
18.	There is little that I am able to enjoy in my community and surroundings.			
19.	I am exhausted well before the end of the day.			
20.	I have too little control over my life.			